

## English work part 2

Hello my dear students,

I hope you and your family are all fine and ready to come back to school, work or even on the streets!

Here is a little work for you so that you can have a good time!

I miss you all!

See you soon

Fred Busson

# Living alone for the first time

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<https://learnenglishteens.britishcouncil.org>



Hello, I'm Megan and I'm twenty-two. Four years ago I was living in a boarding house in Manchester with more than 20 girls, and last year I lived in a uni house with 5 girls. Now I find myself living alone ... There are definitely both advantages and disadvantages to my new living situation!

Since I've lived by myself I can get away with doing things that I couldn't do when I lived with other people. For example, last week I ate Pringles for breakfast and ice cream for dinner and no one was here to judge me! It also means I can dance as ridiculously and sing as loudly as I want and no one is here to tell me to be quiet or capture these embarrassing moments on camera.

One of the best things about living alone is that I don't have to deal with annoying habits and messy housemates. I've had many different roommates and flatmates and however much I've loved (some) of them, everyone does irritating things and not everybody is a tidy person. When I finished school I worked as a shop assistant at Primark and I saw untidy people everyday!

Now I'm working at the reception of the Hilton Hotel in London.

Despite these advantages, there are times when I miss living with other people. Firstly, I miss making and eating dinner with others. Secondly, I miss coming home to flatmates and telling them all about my day and hearing about theirs. Finally, and most importantly, I can no longer watch horror films (my favourite genre) because I get too scared by myself!

### Vocabulaire

Flatmate/ housemate	Colocataire
Scared	Effrayé
To deal with	Gérer, s'occuper de
Boarding house	Internat
Tidy /Messy	Ordonné / désordonné
However	Pourtant

Trouve 3 avantages et 3 inconvénients à vivre seule d'après Megan

Avantages	Désavantages

### Compréhension à la lecture :

Quel âge a-t-elle ?

Où vit elle ?

Aime-t-elle les films d'horreur ?

Que fait-elle dans la vie ?

Où habite-t-elle quand elle était à l'internat ?

Que mange-t-elle au petit-déjeuner ?

Comment s'appelle-t-elle ?

## Grammaire

### Simple past

Trouve les formes passées des verbes suivants dans le texte

To live	
To be	
To eat	
To finish	
To work	
To see	

Comment les conjuguer ? Rappel

Toujours la même forme au passé exemple

I phoned

You phoned

She phoned

We phoned

You phoned

They phoned

Facile ! A toi avec le verbe to talk

I ....

You ...

She ...

We ...

You ...

They ....

Bien sûr il y a des irrégulier comme to go ; to drink etc mais n'oublie pas que tu n'as qu'une seule forme à utiliser 6 fois !

<b>To go</b>	<b>To drink</b>	<b>To eat</b>
I ...	I	I
You ...	You	you
He/she ...	He/ she	He/she
We ...	We	We
You...	You	You
They...	They	They

<b>To do</b>	<b>To make</b>	<b>To drink</b>
I ...	I	I
You ...	You	You
He/she ...	He/ she	He/she
We ...	We	We
You...	You	You
They...	They	They

# Someone like you

## Adele



**Ex.1** Complete with the verbs in the box in *Past Simple form*

give	not give	hear (2X)	settle	find
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I \_\_\_\_\_ that you're \_\_\_\_\_ down  
 That you \_\_\_\_\_ a girl and you're married now  
 I \_\_\_\_\_ that your dreams came true  
 Guess she \_\_\_\_\_ you things, I \_\_\_\_\_ to you

**Ex.2** Complete with the words you hear

Old friend  
 Why \_\_\_\_\_ you so shy  
 It ain't like you to hold \_\_\_\_\_  
 Or hide from the light

I hate to \_\_\_\_\_ up out of the blue uninvited  
 But I \_\_\_\_\_ stay away, I couldn't \_\_\_\_\_ it  
 I hoped you'd \_\_\_\_\_ my face and that you'd be reminded  
 That for me, it isn't \_\_\_\_\_

**Ex.3** Circle the correct alternative

Never mind, I *will* / *'d* find someone like you  
 I wish nothing but the best for you, *too* / *you*  
 Don't forget me, I *pray* / *beg*, I remember you said  
 Sometimes it *rests* / *lasts* in love  
 But sometimes it hurts *instead* / *in sad*

# Chorus



**Ex.4** Order the sentences according to the song

(    ) We were born and raised in a summery haze  
 (    ) Only yesterday was the time of our lives  
 (    ) Bound by the surprise of our glory days  
 (    ) You'd know how the time flies

**Ex.5** Link the first part of the sentence with the second one.

Nothing compares	how bitter-sweet this would taste
Regrets and mistakes	no worries or cares
Who would have known	they're memories made

## The cure for boredom

Do you ever feel bored? In this video, find out about the problem of boredom and a way to never be bored again!

### Tasks

Do the preparation task first. Then watch the video and do the exercises. Remember you can read the transcript at any time.

<https://youtu.be/F-175C95uGE>

### Preparation task

Match the definitions (a–j) with the vocabulary (1–10).

#### Vocabulary

a gadget	boredom	to encounter	to distract yourself	Contemplation
to pay attention	a capacity	To meditate	an inoculation	Blissful

#### Definition

- a. feeling unhappy because something is uninteresting or because you have nothing to do
- b. to experience something, especially something bad
- c. a device or machine, for example a phone or tablet
- d. to stop thinking about a problem by keeping busy
- e. someone's ability to do a particular thing
- f. to become calm and relaxed by thinking about one thing
- g. to watch, listen to or think about something carefully or with interest
- h. extremely or completely happy

- i.serious and quiet thought for a period of time
- j.an injection that protects someone from a disease

## Task 1

Write a number (1–6) to put the ideas in the order they are mentioned.

- Once you know how to meditate, you might still find that some activities are a waste of time.
- People avoid boredom by watching things, reading and communicating on their devices.
- But if you always distract yourself, you will never learn how to do nothing.
- People experience boredom less nowadays than they did in the past.
- When you meditate, you pay attention to your breathing and feelings.
- Learning to meditate will cure you of boredom –you will never be bored again.
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## Task 2

Write the activities in the correct group.

Distracting yourself from boredom	Meditation

1.listening to a song

2. watching a film

3.reading a book

4. paying attention to breathing
5. being interested in the feeling of boredom
6. paying attention to your experience
7. finding a deep feeling of well-being
8. texting a friend

## Discussion

What do you usually do when you're bored? Have you ever tried meditation? Would you like to?

### Transcript

I'm going to talk today about the problem of boredom. Now, it's true, we encounter boredom less and less, with all of our gadgets and with the totality of human knowledge and artistic output always available to us. When you can always hear your favourite song or watch a great film or read a great book or text a friend because you can do all of these things with the device that you have at your side 24 hours a day, you might successfully avoid boredom for the rest of your life. But you might also never discover what's on the other side of boredom. And you might not recognise the price you are paying for being compelled to distract yourself, for having lost or having simply never acquired a capacity for doing nothing. A productive capacity for doing.

Once you learn to meditate, you realise that boredom is simply a failure to pay attention. If something as simple and repetitive as breathing can become a source of blissful contemplation, and it can, and if the feeling of boredom itself can become an object of intense interest, and it can, there's no way to be bored, if you're paying close attention to your experience. So training in meditation is the true cure for boredom. It's a kind of permanent inoculation. Once you learn how to meditate, you will never be truly bored again. Now, this isn't to say that you won't still make choices in life. Certain activities might still feel like a waste of time, and they might be a waste of time, given all the other things you could do. So you might still walk out of a movie or stop reading a book because it's, quote, 'boring', but when left alone with yourself, how do you feel? Are you desperate to be distracted by some stimulus? Or can you find a deep feeling of well-being as an

intrinsic property of just being conscious? The gulf between these two conditions is enormous and in my experience only meditation allows us to reliably span it.